

Refine Direct Primary Care, PLLC SMS Messaging Terms & Conditions

Effective Date: August 31, 2026

These SMS Messaging Terms & Conditions govern participation in the Refine Direct Primary Care, PLLC (“Refine Direct Primary Care,” “Refine DPC,” “we,” “us,” or “our”) SMS messaging program.

Consent to Receive SMS Messages

By voluntarily providing your mobile telephone number and opting in to our SMS program, you consent to receive SMS/text messages from Refine Direct Primary Care at the mobile number you provided.

Your consent to receive marketing SMS messages is voluntary and is not a condition of purchasing any goods or services, receiving medical care, becoming a patient, or maintaining a Refine Direct Primary Care membership.

Consent to receive email communications does not constitute consent to receive SMS marketing communications.

Types of Messages

SMS messages from Refine Direct Primary Care may include:

- Health and wellness information
- Educational information
- Practice news and announcements
- Membership information
- Information about available services and programs
- Special offers and promotions
- Events and educational opportunities
- Other communications you have requested or authorized

Message Frequency

Message frequency may vary.

The number of messages you receive will depend upon Refine Direct Primary Care communications, programs, and your interactions with us.

Message and Data Rates

Message and data rates may apply.

Your wireless carrier's standard messaging and data charges may apply to messages sent or received in connection with this SMS program.

Refine Direct Primary Care is not responsible for charges imposed by your wireless carrier.

Opting Out

You may cancel your participation in our SMS marketing program at any time.

Reply STOP to a Refine Direct Primary Care marketing text message to unsubscribe.